

# FEB-MARCH 24

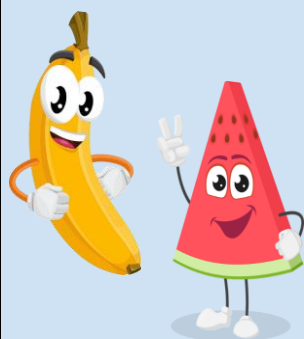
## What is a Meal?

You must choose the following components for a qualified breakfast.

- ★ Minimum of 1/2 cup serving of fruit must accompany a reimbursable breakfast.
- ★ Minimum of 2 grains or 1 grain and 1 meat or meat alternate
- ★ Choice of Milk - 1% white and chocolate

## Featured Fruit May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, Mandarin Oranges, 100% fruit juices, And More!!



## DAILY ALTERNATES

Choice of Assorted Cereals with Mini Loaf or Poptart, Benefit Bars, Uncrustables with cheese stick and more!

## Breakfast Prices:

Student: Free  
Reduced: Free  
Adult: \$2.40

## General Manager:

Phone Number:  
724-752-1591 Ext. 3020

Email:  
metz@ecask12.org

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY



# ELLWOOD CITY K 12 BREAKFAST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
February-19	February-20	February-21	February-22	February-23
NO SCHOOL	Entrée	Entrée	Entrée	Entrée
	Funnel Cake (Pre K Cereal)	Ham Egg Cheese on a WG Croissant	Pancakes w/ Bacon	Homemade Frosted Donut (Pre K Cereal)
	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>
	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
February-26	February-27	February-28	February-29	March-1
Entrée	Entrée	Entrée	Entrée	Entrée
Belgian Waffle w/ Sausage	Mini Cini Rolls (Pre K Cereal)	Ham Egg Cheese Maple Waffle Flatbread	Scrambled Egg, Bacon w/WG Toast	Homemade Frosted Donut (Pre K Cereal)
<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>
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March-4	March-5	March-6	March-7	March-8
Entrée	Entrée	Entrée	Entrée	Entrée
Pancake Wrap	Breakfast Burritos	Apple Frudel (Pre K Cereal)	Sausage Egg Cheese on a WG Croissant	Homemade Frosted Donut (Pre K Cereal)
<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>
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March-11	March-12	March-13	March-14	March-15
Entrée	Entrée	Entrée	Entrée	Entrée
Banana or Blueberry Bread	Ham, Egg & Cheese Bagel	Assorted Muffins	Scrambled Eggs, Sausage Patty w/WG Toast	Homemade Frosted Donut (Pre K Cereal)
<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>
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March-18	March-19	March-20	March-21	March-22
Entrée	Entrée	Entrée	Entrée	Entrée
Pancakes w/Sausage Links	Soft Bagel w/ Strawberry Filling (Pre K Breakfast Pizza)	French Toast Sticks w/ Bacon	Ham, Egg & Cheese Maple Flatbread	Homemade Frosted Donut (Pre K Cereal)
<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>
Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
March-25	March-26	March-27	March-28	March-29
Entrée	Entrée	Entrée	 	
Waffles w/ Bacom	Assorted Pastries	Breakfast Burritos		
<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>		
Assorted 100% Fruit Juice Assorted Fruits Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Choice of Milk		