February-2024

Ellwood City Area School District
Elementary Lunch Menu

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

- ⋆ **Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.**
- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white and chocolate

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

DAILY ALTERNATIVES

cheffresh
fresh - made - goodness - to - go

- ★ **CRAVEABLE OF THE WEEK**
- ★ **FRESH CHEF SALAD**
- ★ **CHICKEN NUGGETS WITH WG ROLL**

Lunch Prices:

Student: Free
Reduced: Free
Adult: $4.75

General Manager:

Phone Number:
724-752-1591 Ext. 3020
Phone Number:
metz@ecasdk12.org

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY

Monday	Tuesday	Wednesday	Thursday	Friday
February-19	**February-20**	**February-21**	**February-22**	**February-23**
		NACHO CRAVEABLE		
NO SCHOOL	**Entrée**	**Entrée**	**Entrée**	**Entrée**
	Chicken Tenders & WG Roll	BBQ Ribby Sandwich on a WG Bun	Turkey Slices with Gravy	Cheese Pizza
	Featured Veggies	**Featured Veggies**	**Featured Veggies**	**Featured Veggies**
	Seasoned Rice Green Beans Featured Fruit Choice of Milk	Parsley Buttered Potatoes Mixed Vegetables Featured Fruit Choice of Milk	Mashed Potatoes Corn Featured Fruit Choice of Milk	Baked Beans Red Pepper Strips Featured Fruit Choice of Milk
February-26	**February-27**	**February-28**	**February-29**	**March-1**
		PIZZA CRAVEABLE		
Entrée	**Entrée**	**Entrée**	**Entrée**	**Entrée**
Meatball Sub on a WG Hoagie Bun	Nacho Grande w/ Tortilla Chips	Popcorn Chicken Mashed Potato Bowl w/ WG Roll	WG Pasta w/ Meatballs w/Roll	Potato & Cheese Pierogi w/ Cheese Sauce w/Bacon
Featured Veggies	**Featured Veggies**	**Featured Veggies**	**Featured Veggies**	**Featured Veggies**
Glazed Carrots Italian Side Salad Featured Fruit Choice of Milk	Seasoned Rice Cucumber Slices Featured Fruit Choice of Milk	Golden Corn Mashed Potatoes & Gravy Featured Fruit Choice of Milk	Mixed Vegetables Chickpea Salad Featured Fruit Choice of Milk	Steamed Peas Red Pepper Strips Featured Fruit Choice of Milk
March-4	**March-5**	**March-6**	**March-7**	**March-8**
		PEPPERONI & CHEESE CRAVEABLE		
Entrée	**Entrée**	**Entrée**	**Entrée**	**Entrée**
Jazzed Up Fries	Walking Taco	Hot Dog on a WG Bun	Chicken Sandwich on a WG Bun	Cheese Pizza
Featured Veggies	**Featured Veggies**	**Featured Veggies**	**Featured Veggies**	**Featured Veggies**
Cheesy Broccoli Rice Cucumber Slices Featured Fruit Choice of Milk	Tater Tots Seasoned Corn Featured Fruit Choice of Milk	Mixed Vegetables Fries Featured Fruit Choice of Milk	Pasta Salad Baby Carrots Featured Fruit Choice of Milk	Buttered Noodles Baked Beans Featured Fruit Choice of Milk
March-11	**March-12**	**March-13**	**March-14**	**March-15**
		WALKING TACO CRAVEABLE		
Entrée	**Entrée**	**Entrée**	**Entrée**	**Entrée**
Cheeseburger on a WG Bun	Tot Chos w/Taco Meat & Cheese Sauce over Tots	Chicken & Gravy over WG Biscuit	WG Pasta w/ Meat Sauce & Roll	Toasted 3 Cheese Sandwich
Featured Veggies	**Featured Veggies**	**Featured Veggies**	**Featured Veggies**	**Featured Veggies**
Potato Wedges Side Salad Featured Fruit Choice of Milk	Seasoned Corn Tater Tots Featured Fruit Choice of Milk	Glazed Carrots Red Pepper Strips Featured Fruit Choice of Milk	Steamed Peas Corn & Black Bean Salad Featured Fruit Choice of Milk	Tomato Soup Mixed Vegetables Featured Fruit Choice of Milk
March-18	**March-19**	**March-20**	**March-21**	**March-22**
		YOGURT CRAVEABLE		
Entrée	**Entrée**	**Entrée**	**Entrée**	**Entrée**
Mini Corn Dogs	Beef Taco on a WG Tortilla	Popcorn Chicken Mashed Potato Bowl w/Roll	Macaroni & Cheese w/ WG Roll	Homemade Cheese Pizza
Featured Veggies	**Featured Veggies**	**Featured Veggies**	**Featured Veggies**	**Featured Veggies**
Ranch Taters Cheesy Broccoli Featured Fruit Choice of Milk	Seasoned Rice Mixed Vegetables Featured Fruit Choice of Milk	Golden Corn Mashed Potatoes & Gravy Featured Fruit Choice of Milk	Seasoned Green Beans Garbanzo Bean Salad Featured Fruit Choice of Milk	Parsley Buttered Potatoes Celery Sticks w/ Ranch Featured Fruit Choice of Milk
March-25	**March-26**	**March-27**	**March-28**	**March-29**
		BREADSTICK CRAVEABLE		
Entrée	**Entrée**	**Entrée**	**NO SCHOOL**	**NO SCHOOL**
Chicken Tenders w/ WG Roll	Chicken Patty on a WG Bun	Cheeseburger on a WG Bun		
Featured Veggies	**Featured Veggies**	**Featured Veggies**		
Tater Tots Cucumber Slices Featured Fruit Choice of Milk	Seasoned Corn Fries Featured Fruit Choice of Milk	Seasoned Rice Red Pepper Strips Featured Fruit Choice of Milk		