

# JAN-FEB 2024



# ELLWOOD CITY K 12 BREAKFAST MENU



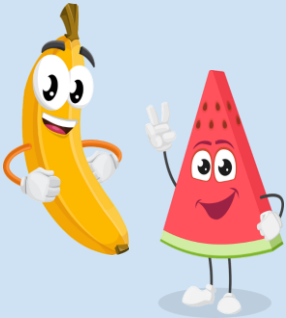
## What is a Meal?

You must choose the following components for a qualified breakfast.

- ★ Minimum of 1/2 cup serving of fruit must accompany a reimbursable breakfast.
- ★ Minimum of 2 grains or 1 grain and 1 meat or meat alternate
- ★ Choice of Milk - 1% white and chocolate

## Featured Fruit May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, Mandarin Oranges, 100% fruit juices, And More!!



## DAILY ALTERNATES

Choice of Assorted Cereals with Mini Loaf or Popart, Benefit Bars, Uncrustables with cheese stick and more!

## Breakfast Prices:

Student: Free  
Reduced: Free  
Adult: \$2.40

## General Manager:

Phone Number:

724-752-1591 Ext. 3020



Email:

metz@ecask12.org

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY



Monday	Tuesday	Wednesday	Thursday	Friday
<b>January-8</b>	<b>January-9</b>	<b>January-10</b>	<b>January-11</b>	<b>January-12</b>
<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>
French Toast Sticks w/Sausage	Funnel Cake (Pre K Cereal)	Sausage Egg Cheese on a WG Croissant	Pancakes w/ Bacon	Homemade Frosted Donut (Pre K Cereal)
<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>
Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
<b>January-15</b>	<b>January-16</b>	<b>January-17</b>	<b>January-18</b>	<b>January-19</b>
<b>NO SCHOOL</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>
	Mini Cini Rolls (Pre K Cereal)	Sausage Egg Cheese Maple Waffle Flatbread	Scrambled Egg Bowl w/ Sausage	Homemade Frosted Donut (Pre K Cereal)
	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>
	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
<b>January-22</b>	<b>January-23</b>	<b>January-24</b>	<b>January-25</b>	<b>January-26</b>
<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>NO SCHOOL</b>
Pancake Wrap	Breakfast Burritos	Breakfast Pizza	Bacon Egg Cheese on a WG Croissant	
<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	
Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	
<b>January-29</b>	<b>January-30</b>	<b>January-31</b>	<b>February-1</b>	<b>February-2</b>
<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>
Banana or Blueberry Bread	Sausage, Egg & Cheese on a WG Croissant	Assorted Muffins	Funnel Cake (Pre K Cereal)	Homemade Frosted Donut (Pre K Cereal)
<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>
Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
<b>February-5</b>	<b>February-6</b>	<b>February-7</b>	<b>February-8</b>	<b>February-9</b>
<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>
Pancakes w/Sausage Links	Soft Bagel w/ Strawberry Filling (Pre K Breakfast Pizza)	Sausage Egg Cheese Maple Waffle Flatbread	Scrambled Egg, Bacon, Toast	Homemade Frosted Donut (Pre K Cereal)
<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>
Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
<b>February-12</b>	<b>February-13</b>	<b>February-14</b>	<b>February-15</b>	<b>February-16</b>
<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>
Waffles w/Bacon	Assorted Pastries	Breakfast Burritos	Bacon Egg Cheese Bagel	Homemade Frosted Donut (Pre K Cereal)
<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>
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