

**SEPT-OCT 23**



**ELLWOOD CITY K 12 BREAKFAST MENU**



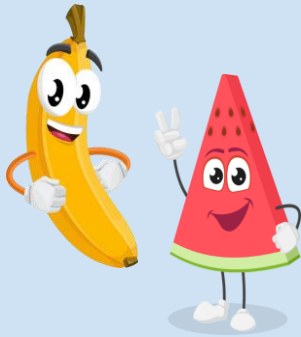
**What is a Meal?**

You must choose the following components for a qualified breakfast.

- ★ Minimum of 1/2 cup serving of fruit must accompany a reimbursable breakfast.
- ★ Minimum of 2 grains or 1 grain and 1 meat or meat alternate
- ★ Choice of Milk - 1% white and chocolate

**Featured Fruit May Include:**

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, Mandarin Oranges, 100% fruit juices, And More!!



**DAILY ALTERNATES**

Choice of Assorted Cereals with Mini Loaf or Poptart, Benefit Bars, Uncrustables with cheese stick and more!

**Breakfast Prices:**

Student: Free  
Reduced: Free  
Adult: \$2.35

**General Manager:**

**Phone Number:**  
724-752-1591 Ext. 3020

**Email:**  
metz@ecasdk12.org

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY



Monday	Tuesday	Wednesday	Thursday	Friday
<b>September-4</b>	<b>September-5</b>	<b>September-6</b>	<b>September-7</b>	<b>September-8</b>
<b>NO SCHOOL</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>
	Wacky Funnel Cake (Pre K Cereal)	Sausage Egg Cheese on a WG Croissant	Pancakes w/ Bacon	Homemade Frosted Donut (Pre K Cereal)
	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>
	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
<b>September-11</b>	<b>September-12</b>	<b>September-13</b>	<b>September-14</b>	<b>September-15</b>
<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>
Belgian Waffle w/ Sausage	Mini Cini Rolls (Pre K Cereal)	Sausage Egg Cheese Maple Waffle Flatbread	Scrambled Egg Bowl w/ Sausage	Homemade Frosted Donut (Pre K Cereal)
<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>
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<b>September-18</b>	<b>September-19</b>	<b>September-20</b>	<b>September-21</b>	<b>September-22</b>
<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>
Pancake Wrap	Breakfast Burritos	Apple Frudel (Pre K Cereal)	Bacon Egg Cheese on a WG Croissant	Homemade Frosted Donut (Pre K Cereal)
<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>
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<b>September-25</b>	<b>September-26</b>	<b>September-27</b>	<b>September-28</b>	<b>September-29</b>
<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>
Banana or Blueberry Bread	Sausage, Egg & Cheese on a WG Croissant	Assorted Muffins	Wacky Funnel Cake (Pre K Cereal)	Homemade Frosted Donut (Pre K Cereal)
<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>
Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
<b>October-2</b>	<b>October-3</b>	<b>October-4</b>	<b>October-5</b>	<b>October-6</b>
<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>
Pancakes w/Sausage Links	Soft Bagel w/ Strawberry Filling (Pre K Breakfast Pizza)	French Toast Griddle w/ Bacon	Scrambled Egg Bowl w/ Sausage	Homemade Frosted Donut (Pre K Cereal)
<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>
Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
<b>October-9</b>	<b>October-10</b>	<b>October-11</b>	<b>October-12</b>	<b>October-13</b>
	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>	<b>Entrée</b>
	Assorted Pastries	Breakfast Burritos	Breakfast Pizza	Homemade Frosted Donut (Pre K Cereal)
	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>	<b>Featured Selections</b>
	Assorted 100% Fruit Juice Assorted Fruits Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Choice of Milk