

MAY-JUNE 2023



Ellwood City Area School District Elementary Lunch Menu



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

★ **Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.**

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white and chocolate

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

DAILY ALTERNATIVES



- Craveable of the week!
- Fresh Chef Salad!
- Chicken Tenders with WG Roll



Lunch Prices:

Student: Free
Reduced: Free
Adult: \$4.05

General Manager:

Phone Number:
724-752-1591 Ext. 3020
Email:
metz@ecask12.org

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY



Monday May-8	Tuesday May-9	Wednesday May-10	Thursday May-11	Friday May-12
YOGURT & CHEESE CRAVEABLE				
Entrée	Entrée	Entrée	Entrée	Entrée
Mini Corn Dogs	Chicken Taco on WG Tortilla	Popcorn Chicken Mashed Potato Bowl w/WG Roll	Pierogies w/ Cheese Sauce & Bacon	Fish Sticks
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
French Fries Mixed Vegetables Featured Fruit Choice of Milk	Seasoned Rice Cucumbers Featured Fruit Choice of Milk	Golden Corn Mashed Potatoes w/gravy Featured Fruit Choice of Milk	Glazed Carrots Italian Side Salad Featured Fruit Choice of Milk	Cheesy Broccoli Tater Tots Featured Fruit Choice of Milk
May-15 May-16 May-17 May-18 May-19				
WALKING TACO CRAVEABLE				
Entrée	Entrée	Entrée	Entrée	Entrée
Chicken Patty Sandwich	Walking Taco	BBQ Ribby Sandwich on a WG Bun	Toasted 3 Cheese Sandwich	Cheeseburger on WG Bun
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
French Fries Baked Beans Featured Fruit Choice of Milk	Seasoned Rice Buttered Corn Featured Fruit Choice of Milk	Buttered Noodles Cheesy Broccoli Featured Fruit Choice of Milk	Fries Tomato Soup Featured Fruit Choice of Milk	Glazed Carrots Parsley Buttered Potatoes Featured Fruit Choice of Milk
May-22 May-23 May-24 May-25 May-26				
NACHO CRAVEABLE				
Entrée	Entrée	Entrée	Entrée	Entrée
Hot Dog on WG Bun	Tot Chos w/Taco Meat & Cheese Sauce over Tots	Chef's Choice	Pasta w/Meatsauce & WG Roll	Bagged Lunch-Turkey
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
French Fries Green Beans Featured Fruit Choice of Milk	Cheesy Broccoli Cucumbers Featured Fruit Choice of Milk	Featured Fruit Choice of Milk	Glazed Carrots Italian Side Salad Featured Fruit Choice of Milk	Bagged Carrots Bag Apple Slices Bagged Snack Choice of Milk
May-29 May-30 May-31 June-1 June-2				
Entrée				
		Bagged Lunch-Ham	Manwich & Cheese Sauce over Tots	Bagged Lunch-Turkey
		Featured Veggies		
		Bagged Carrots Bag Apple Slices Bagged Snack Choice of Milk	Tater Tots Steamed Peas Featured Fruit Choice of Milk	Bagged Carrots Bag Apple Slices Bagged Snack Choice of Milk