

April-2024



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

- ★ Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.
- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white and chocolate

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

DAILY ALTERNATIVES



- ★ CRAVEABLE OF THE WEEK
- ★ FRESH CHEF SALAD
- ★ CHICKEN NUGGETS WITH WG ROLL



Lunch Prices:

Student: Free
Reduced: Free
Adult: \$4.75

General Manager:

Phone Number:
724-752-1591 Ext. 3020
Phone Number:
metz@ecascdk12.org

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY

Brand or equivalent food offered/milk options defined



Ellwood City Area School District Elementary Lunch Menu



Monday April-1	Tuesday April-2	Wednesday April-3	Thursday April-4	Friday April-5
YOGURT CRAVEABLE				
NO SCHOOL	Entrée	Entrée	Entrée	Entrée
	Chicken Tenders & WG Roll	BBQ Ribby Sandwich on a WG Bun	Chicken Sandwich on a WG Bun	Cheese Pizza
	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
	Seasoned Rice Green Beans Featured Fruit Choice of Milk	Parsley Buttered Potatoes Mixed Vegetables Featured Fruit Choice of Milk	Corn Baked Beans Featured Fruit Choice of Milk	Glazed Carrots Red Pepper Strips Featured Fruit Choice of Milk
April-8	April-9	April-10	April-11	April-12
PIZZA CRAVEABLE				
Entrée	Entrée	Entrée	Entrée	Entrée
Meatball Sub on a WG Hoagie Bun	Nacho Grande w/ Tortilla Chips	Popcorn Chicken Mashed Potato Bowl w/ WG Roll	WG Pasta w/ Meatballs w/Roll	Potato & Cheese Pierogi w/ Cheese Sauce
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Glazed Carrots Italian Side Salad Featured Fruit Choice of Milk	Seasoned Rice Cucumber Slices Featured Fruit Choice of Milk	Golden Corn Mashed Potatoes & Gravy Featured Fruit Choice of Milk	Mixed Vegetables Chickpea Salad Featured Fruit Choice of Milk	Steamed Peas Red Pepper Strips Featured Fruit Choice of Milk
April-15	April-16	April-17	April-18	April-19
NACHO CRAVEABLE				
Entrée	Entrée	Entrée	Entrée	Entrée
Jazzed Up Fries	Walking Taco	Hot Dog on a WG Bun	Chicken Sandwich on WG Bun	Cheeseburger on a WG Bun
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Cheesy Broccoli Rice Cucumber Slices Featured Fruit Choice of Milk	Tater Tots Seasoned Corn Featured Fruit Choice of Milk	Fries Pasta Salad Featured Fruit Choice of Milk	Baby Carrots Garbanzo Bean Salad Featured Fruit Choice of Milk	Buttered Noodles Baked Beans Featured Fruit Choice of Milk
April-22	April-23	April-24	April-25	April-26
PRETZEL CRAVEABLE				
Entrée	Entrée	Entrée	Entrée	Entrée
Chicken Tenders	Tot Chos w/Taco Meat & Cheese Sauce over Tots	Chicken & Gravy over WG Biscuit	WG Pasta w/ Meat Sauce & Roll	Toasted 3 Cheese Sandwich
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Potato Wedges Side Salad Featured Fruit Choice of Milk	Seasoned Corn Tater Tots Featured Fruit Choice of Milk	Glazed Carrots Red Pepper Strips Featured Fruit Choice of Milk	Steamed Peas Corn & Black Bean Salad Featured Fruit Choice of Milk	Tomato Soup Mixed Vegetables Featured Fruit Choice of Milk
April-29	April-30	May-1	May-2	May-3
WALKING TACO CRAVEABLE				
Entrée	Entrée	Entrée	Entrée	Entrée
Mini Corn Dogs	Beef Taco on a WG Tortilla	Popcorn Chicken Mashed Potato Bowl w/Roll	Macaroni & Cheese w/ WG Roll	Homemade Cheese Pizza
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Ranch Taters Cheesy Broccoli Featured Fruit Choice of Milk	Seasoned Rice Mixed Vegetables Featured Fruit Choice of Milk	Golden Corn Mashed Potatoes & Gravy Featured Fruit Choice of Milk	Seasoned Green Beans Garbanzo Bean Salad Featured Fruit Choice of Milk	Parsley Buttered Potatoes Celery Sticks w/ Ranch Featured Fruit Choice of Milk
May-6	May-7	May-8	May-9	May-10
TURKEY & CHEESE CRAVEABLE				
Entrée	Entrée	Entrée	Entrée	Entrée
BBQ Pork Tot Bowl	Chicken Patty on a WG Bun	Cheeseburger on a WG Bun	Pasta w/Meatballs & WG Roll	Philly Cheesesteak on a WG Hoagie Bun
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Steamed Peas Tater Tots Featured Fruit Choice of Milk	Mashed Potatoes w/Gravy Side Salad Featured Fruit Choice of Milk	Fries Red Pepper Strips Featured Fruit Choice of Milk	Green Beans Chickpea Salad Featured Fruit Choice of Milk	Mixed Vegetables Broccoli Salad Featured Fruit Choice of Milk