


Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
BRAVO! BURGER BAR/FARMHOUSE CHICKEN SALAD/BACON CHICKEN RANCH PIZZA/PEPPERONI & CHEESE CRAVEABLE SANDWICH SPECIAL - PHILLY CHEESESTEAK W/ PEPPERS & ONIONS SANDWICH					What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.
2 NO SCHOOL	3 Beef Enchilada Buffalo Chicken Dip w/ Tortillas FEATURED VEGGIES Refried Beans Garbanzo Bean Salad	4 Hot Ham & Cheese Sandwich BBQ Ribby Sandwich FEATURED VEGGIES Broccoli Salad Wedge Fries	5 Pasta & Meatballs Chicken Parmesan Sandwich FEATURED VEGGIES Mixed Vegetables Caprese Salad	6 Popcorn Chicken Mashed Potato Bowl w/ Roll General Tso Popcorn Chicken FEATURED VEGGIES Mashed Potatoes & Gravy Buttered Corn	
BRAVO! PASTA BAR/PITTSBURGH STEAK SALAD/PEPPERONI & SAUSAGE PIZZA/NACHO CRAVEABLE SANDWICH SPECIAL – GRILLED BACON CHEDDAR BBQ CHICKEN SANDWICH					Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry
9 Meatball Sub FEATURED VEGGIES Parsley Buttered Potatoes Italian Side Salad	10 General Tso Popcorn Chicken Nacho Grande w/ Tortilla Chips FEATURED VEGGIES Fried Rice Egg Roll	11 Rodeo Burger Popcorn Chicken Mashed Potato Bowl w/ Roll FEATURED VEGGIES Cheesy Broccoli Waffle Fries	12 Jazzed Up Fries Pasta & Meatballs w/ Breadstick FEATURED VEGGIES Glazed Carrots Black Bean & Corn Salad	13 Chicken Parmesan Sandwich Bacon Cheddar Pierogies w. Roll FEATURED VEGGIES Buttered Corn BBQ Baked Beans	
BRAVO! DELI BAR/TACO SALAD/MEATBALL PIZZA/GRILLED CHICKEN CRAVEABLE SANDWICH SPECIAL – TURKEY BACON SWISS CROISSANT					Daily Alternates Fresh Entree Salad of the Week Craveables Chef Salad Grilled Chicken Salad Weekly Cold Cut Wraps Hamburger, Cheeseburger, Chicken Patty Sandwich, Spicy Chicken Patty Sandwich, Fries, Cheese Pizza, Pepperoni Pizza, White Pizza
16 Bacon Cheddar Pierogies w/ Roll Jazzed Up Fries FEATURED VEGGIES Red Pepper Strips Mixed Vegetables	17 Nacho Grande w/ Tortilla Chips Walking Taco FEATURED VEGGIES Spanish Rice Shredded Carrots & Raisin Salad	18 Pepper Steak over LoMein Chili Cheese Hot Dog FEATURED VEGGIES Sweet Chili Roasted Brussel Sprouts Seasoned Peas	19 Chili Cheese Hot Dog Chicken Alfredo over Pasta w/ Roll FEATURED VEGGIES Chickpea Salad Hashbrown	20 Chicken & Gravy over Biscuit Rodeo Chicken Sandwich FEATURED VEGGIES Honey & Cinnamon Sweet Potatoes Seasoned Green Beans	
BRAVO! DIP & DUST WING BAR/CAESAR CHICKEN SALAD/BUFFALO CHICKEN PIZZA/BREADSTICK CRAVEABLE SANDWICH SPECIAL – BUFFALO CHICKEN WRAP					
23 Assorted Sub Sandwiches FEATURED VEGGIES Pasta Salad Mixed Vegetables	24 Hot Turkey & Gravy Sandwich FEATURED VEGGIES Mashed Potatoes & Gravy Buttered Corn	25 Toasted 3 Cheese Sandwich FEATURED VEGGIES Tomato Soup Glazed Carrots	26 Macaroni & Cheese w/ Roll FEATURED VEGGIES Seasoned Green Beans Broccoli Salad	27 Walking Taco FEATURED VEGGIES Tater Tots Black Bean & Corn Salad	
BRAVO! ASIAN BAR/MIGHTY MAC SALAD/MEATLOVERS PIZZA/HAM OR TURKEY & CHEESE CRAVEABLE SANDWICH SPECIAL – ITALIAN PANINI					(V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg (VG) Vegan These items do not contain any animal products
30 Nashville Hot Maple Waffle Flatbread Chicken Sandwich FEATURED VEGGIES Ranchero Carrots Crispy Fries					
Your Team Jennifer Bell, General Manager 724.752.1591 ext. 3020 ma1107@metzcorp.com			Meal Prices Student Lunch \$0.00 Reduced Lunch \$0.00 Faculty Lunch \$4.75		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

