

# August-2022



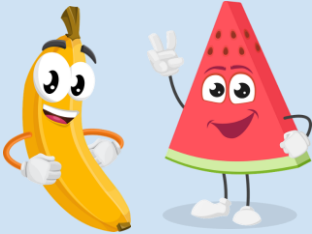
## What is a Meal?

You must choose the following components for a qualified breakfast.

- ★ Minimum of 1/2 cup serving of fruit must accompany a reimbursable breakfast.
- ★ Minimum of 2 grains or 1 grain and 1 meat or meat alternate
- ★ Choice of Milk - 1% white and chocolate

### Featured Fruit May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, Mandarin Oranges, 100% fruit juices, And More!!



### DAILY ALTERNATES

Choice of Assorted Cereals with Mini Loaf or Pop-Tart, Benefit Bars, Uncrustables with cheese stick and more!

### Breakfast Prices:

Student: Free  
Reduced: Free  
Adult: \$2.35

### General Manager:

Phone Number:  
724-752-1591 Ext. 3020  
Email:  
metz@ecasdk12.org

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY

|  <b>Ellwood City Elementary Breakfast Menu</b>  |   |   |   |   |
|---|---|---|---|---|
| <b>Monday</b><br>August-22  | <b>Tuesday</b><br>August-23   | <b>Wednesday</b><br>August-24   | <b>Thursday</b><br>August-25  | <b>Friday</b><br>August-26  |
|    |   | <b>Entrée</b>   | <b>Entrée</b>   | <b>Entrée</b>   |
|   |   | Funnel Cake   | Pancakes w/Syrup & Sausage Patty  | Tie-Die Friday Donuts   |
|   |   | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk |
| <b>August-29</b>  | <b>August-30</b>  | <b>August-31</b>  | <b>September-1</b>  | <b>September-2</b>  |
| <b>Entrée</b>   | <b>Entrée</b>   | <b>Entrée</b>   | <b>Entrée</b>   |                                    |
| Cini-Mini   | Sausage, Egg and Cheese Muffin  | Assorted Danish   | French Toast Sticks w/ Syrup & Sausage Patty  |   |
| <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk   | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk |   |
| <b>September-5</b>  | <b>September-6</b>  | <b>September-7</b>  | <b>September-8</b>  | <b>September-9</b>  |
|   | <b>Entrée</b>   | <b>Entrée</b>   | <b>Entrée</b>   | <b>Entrée</b>   |
|   | Bacon, Egg and Cheese Muffin  | Funnel Cake   | Pancakes w/Syrup & Sausage Patty  | Tie-Die Friday Donuts   |
|   | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk |
| <b>September-12</b>   | <b>September-13</b>   | <b>September-14</b>   | <b>September-15</b>   | <b>September-16</b>   |
| <b>Entrée</b>   | <b>Entrée</b>   | <b>Entrée</b>   | <b>Entrée</b>   | <b>Entrée</b>   |
| Cini-Mini   | Sausage, Egg and Cheese Muffin  | Assorted Danish   | French Toast Sticks w/ Syrup & Sausage Patty  | Tie-Die Friday Donuts   |
| <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk   | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk |
| <b>September-19</b>   | <b>September-20</b>   | <b>September-21</b>   | <b>September-22</b>   | <b>September-23</b>   |
| <b>Entrée</b>   | <b>Entrée</b>   | <b>Entrée</b>   | <b>Entrée</b>   | <b>Entrée</b>   |
| Breakfast Pizza   | Bacon, Egg and Cheese Muffin  | Funnel Cake   | Pancakes w/Syrup & Sausage Patty  | Tie-Die Friday Donuts   |
| <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk   | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk |
| <b>September-26</b>   | <b>September-27</b>   | <b>September-28</b>   | <b>September-29</b>   | <b>September-30</b>   |
| <b>Entrée</b>   | <b>Entrée</b>   | <b>Entrée</b>   | <b>Entrée</b>   | <b>Entrée</b>   |
| Cini-Mini   | Sausage, Egg and Cheese Muffin  | Assorted Danish   | French Toast Sticks w/ Syrup & Sausage Patty  | Tie-Die Friday Donuts   |
| <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk   | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk | <b>Featured Selections</b><br>Assorted 100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>Choice of Milk |