

January-2021



Ellwood City Area School District Elementary
Lunch Menu



Monday
January-3

Tuesday
January-4

Wednesday
January-5

Thursday
January-6

Friday
January-7

PIZZA FLATBREAD CRAVEABLE - OR - CHEF SALAD

Entrée	Entrée	Entrée	Entrée	Entrée
BBQ Pork Tot Bowl w/Roll	Nacho Grande w/ Homemade Salsa & Tortilla Chips	Chicken Nuggets w/ WG Roll	Hamburger on WG Bun	Pepperoni Pizza
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Tater Tots Green Beans Featured Fruit Choice of Milk	Ranch Bean Dip Mexicali Corn Featured Fruit Choice of Milk	Steamed Peas Baked Beans Featured Fruit Choice of Milk	French Fries Coleslaw Featured Fruit Choice of Milk	Side Caesar Salad Cheesy Broccoli Featured Fruit Choice of Milk
January-10	January-11	January-12	January-13	January-14

BREADSTICK CRAVEABLE - OR - CHEF SALAD

Entrée	Entrée	Entrée	Entrée	Entrée
General Tso's Rice Bowl	Tortellin w/ Breadstick	Boneless Chicken Wings w/Roll	Hot Dog or Chili Dog on WG Bun	Stuffed Crust Pizza
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Fried Rice Oriental Veggies Featured Fruit Choice of Milk	Mashed Potatoes Side Caesar Salad Featured Fruit Choice of Milk	Carrots and Celery Sticks Curly Fries Featured Fruit Choice of Milk	Tater Tots Baked Beans Featured Fruit Choice of Milk	Buttered Corn Celery Sticks Featured Fruit Choice of Milk
January-17	January-18	January-19	January-20	January-21

NACHO CRAVEABLE - OR - CHEF SALAD

Entrée	Entrée	Entrée	Entrée
Chicken Fajita w/sauteed onions and peppers on Flour Tortilla	Baked Chicken w/WG Roll	Meatball Hoagie on WG Bun	Pizza Burger w/garlic stick
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Spanish Rice Mexicali Corn Featured Fruit Choice of Milk	Green Beans Mashed Potatoes Featured Fruit Choice of Milk	Potato Wedges Green Peas Featured Fruit Choice of Milk	Lemon Parmesan Broccoli Side Caesar Salad Featured Fruit Choice of Milk
January-24	January-25	January-26	January-27



YOGURT & CHEESE CRAVEABLE - OR - CHEF SALAD

Entrée	Entrée	Entrée	Entrée
Chicken Teriyaki w/rice & egg roll	Chicken Gravy over Biscuits	Philly Cheesesteak on WG Bun	Cheese Pizza
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Mixed Veggies Fried Rice Featured Fruit Choice of Milk	Mashed Potatoes w/ Gravy Green Peas Featured Fruit Choice of Milk	Potato Wedges Sauteed Onions and Pepper Featured Fruit Choice of Milk	Cheesy Broccoli Carrots and Celery Sticks Featured Fruit Choice of Milk
January-31	February-1	February-2	February-3



GRILLED CHICKEN CRAVEABLE - OR - CHEF SALAD

Entrée	Entrée	Entrée	Entrée	Entrée
Totcho's w/ WG Roll	Sweet and Sour Chicken over Rice	Chicken Parmesan Sandwich on WG Bun	Bacon Cheeseburger on WG Bun	French Pizza
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Homemade Salsa Mexicali Corn Featured Fruit Choice of Milk	Oriental Veggies Egg Roll Featured Fruit Choice of Milk	Lemon Parm Broccoli Side Caesar Salad Featured Fruit Choice of Milk	Baked Beans Curly Fries Featured Fruit Choice of Milk	Green Peas Side Tossed Salad Featured Fruit Choice of Milk
February-7	February-8	February-9	February-10	February-11

WALKING TACO CRAVEABLE - OR - CHEF SALAD

Entrée	Entrée	Entrée	Entrée	Entrée
Popcorn Chicken Bowl w/Roll	Chicken Quesadilla	Buffalo Chicken Dip	Grilled Cheese w/Tomato Soup	Stuffed Mozzarella Sticks
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Mashed Potatoes and Gravy Buttered Corn Featured Fruit Choice of Milk	Ranch Bean Dip Mexican Rice Featured Fruit Choice of Milk	GreenBeans Carrots and Celery Sticks Featured Fruit Choice of Milk	Chickpea Salad Tomato Soup Featured Fruit Choice of Milk	Cheesy Broccoli Side Caesar Salad Featured Fruit Choice of Milk

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

- * Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.
- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white and chocolate

Daily Fruit Choices May Include:

- Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges



DAILY ALTERNATIVES



- Craveable of the week!
 - Fresh Chef Salad!
 - Chicken Nuggets with WG Roll

DAILY ENTREE OPTIONS MAY INCLUDE:

- Bravo Bars
- Cheffresh Salad
- Cheffresh Sandwich or Wrap
- Cheeseburger
- Hamburger
- Chicken Patty Sandwich
- Spicy Chicken Patty Sandwich
- Cheese Pizza
- Pepperoni Pizza
- AND MORE!



Lunch Prices:

Student: Free
Reduced: Free
Adult: \$3.10

General Manager:

Alex Spalding

Phone Number:
724-752-1591 Ext. 3020

Email:
aspalding@ellwood.k12.pa.us

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY