August-2022

What is a Meal?

You must choose the following components for a qualified breakfast.

- ★ **Minimum of 1/2 cup serving of fruit must accompany a reimbursable breakfast.**
- ★ **Minimum of 2 grains or 1 grain and 1 meat or meat alternate**
- ★ **Choice of Milk - 1% white and chocolate**

Featured Fruit May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, Mandarin Oranges, 100% fruit juices, And More!!

DAILY ALTERNATES

Choice of Assorted Cereals with Mini Loaf or Poptart, Benefit Bars, Uncrustables with cheese stick and more!

Breakfast Prices:

Student: Free
Reduced: Free
Adult: $2.35

General Manager:
Phone Number:
724-752-1591 Ext. 3020
Email:
metz@ecasdk12.org

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY

Lincoln Junior and Senior High Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
August-22	**August-23**	**August-24**	**August-25**	**August-26**
		Entrée Funnel Cake **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** Pancakes w/Syrup & Sausage Patty **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** Tie-Die Friday Donuts **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
August-29	**August-30**	**August-31**	**September-1**	**September-2**
Entrée Cini-Mini **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** Sausage, Egg and Cheese Muffin **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** Assorted Danish **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** French Toast Sticks w/ Syrup & Sausage Patty **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	
September-5	**September-6**	**September-7**	**September-8**	**September-9**
	Entrée Bacon, Egg and Cheese Muffin **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** Funnel Cake **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** Pancakes w/Syrup & Sausage Patty **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** Tie-Die Friday Donuts **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
September-12	**September-13**	**September-14**	**September-15**	**September-16**
Entrée Cini-Mini **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** Sausage, Egg and Cheese Muffin **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** Assorted Danish **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** French Toast Sticks w/ Syrup & Sausage Patty **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** Tie-Die Friday Donuts **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
September-19	**September-20**	**September-21**	**September-22**	**September-23**
Entrée Breakfast Pizza **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** Bacon, Egg and Cheese Muffin **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** Funnel Cake **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** Pancakes w/Syrup & Sausage Patty **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** Tie-Die Friday Donuts **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
September-26	**September-27**	**September-28**	**September-29**	**September-30**
Entrée Cini-Mini **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** Sausage, Egg and Cheese Muffin **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** Assorted Danish **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** French Toast Sticks w/ Syrup & Sausage Patty **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	**Entrée** Tie-Die Friday Donuts **Featured Selections** Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk