

January-2021



Lincoln Junior and Senior High Breakfast Menu



What is a Meal?

You must choose the following components for a qualified breakfast.

- ★ Minimum of 1/2 cup serving of fruit must accompany a reimbursable breakfast.
- ★ Minimum of 2 grains or 1 grain and 1 meat or meat alternate
- ★ Choice of Milk - 1% white and chocolate

Featured Fruit May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, Mandarin Oranges, 100% fruit juices, And More!!



DAILY ALTERNATES

Choice of Assorted Cereals with Mini Loaf or Popart, Benefit Bars, Uncrustables with cheese stick and more!

Breakfast Prices:

Student: Free
Reduced: Free
Adult: \$1.40

General Manager:

Alex Spalding
Phone Number:
724-752-1591 Ext. 3020

Email:

aspalding@ellwood.k12.pa.us

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY

Monday January-3	Tuesday January-4	Wednesday January-5	Thursday January-6	Friday January-7
Entrée	Entrée	Entrée	Entrée	Entrée
Breakfast Muffin	Bacon, Egg and Cheese Muffin	Funnel Cake	Pancakes w/ Syrup & Sausage Patty	Breakfast Pizza
Featured Selections	Featured Selections	Featured Selections	Featured Selections	Featured Selections
Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
January-10	January-11	January-12	January-13	January-14
Entrée	Entrée	Entrée	Entrée	Entrée
Cereal Bar	Sausage, Egg and Cheese Muffin	Apple Frudel	French Toast Sticks w/ Syrup & Sausage Patty	Donuts
Featured Selections	Featured Selections	Featured Selections	Featured Selections	Featured Selections
Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
January-17	January-18	January-19	January-20	January-21
Entrée	Entrée	Entrée	Entrée	Entrée
	Bacon, Egg and Cheese Muffin	Funnel Cake	Pancakes w/ Syrup & Sausage Patty	Breakfast Pizza
Featured Selections	Featured Selections	Featured Selections	Featured Selections	Featured Selections
Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
January-24	January-25	January-26	January-27	January-28
Entrée	Entrée	Entrée	Entrée	Entrée
	Sausage, Egg and Cheese Muffin	Apple Frudel	French Toast Sticks w/ Syrup & Sausage Patty	Donuts
Featured Selections	Featured Selections	Featured Selections	Featured Selections	Featured Selections
Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
January-31	February-1	February-2	February-3	February-4
Entrée	Entrée	Entrée	Entrée	Entrée
Breakfast Muffin	Bacon, Egg and Cheese Muffin	Funnel Cake	Pancakes w/ Syrup & Sausage Patty	Breakfast Pizza
Featured Selections	Featured Selections	Featured Selections	Featured Selections	Featured Selections
Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk
February-7	February-8	February-9	February-10	February-11
Entrée	Entrée	Entrée	Entrée	Entrée
Cereal Bar	Sausage, Egg and Cheese Muffin	Apple Frudel	French Toast Sticks w/ Syrup & Sausage Patty	Donuts
Featured Selections	Featured Selections	Featured Selections	Featured Selections	Featured Selections
Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk