

January-2021



Lincoln Junior and Senior High Lunch Menu



**Monday**  
January-3

**Tuesday**  
January-4

**Wednesday**  
January-5

**Thursday**  
January-6

**Friday**  
January-7

**PASTA BAR**

**BUFFALO CHICKEN SALAD - OR - BUFFALO CHICKEN WRAP**

Entrée	Entrée	Entrée	Entrée	Entrée
BBQ Pork Tater Tot Bowl w/Roll	Nacho Grande w/ Homemade Salsa & Tortilla Chips	Chicken Nuggets w/Roll	Pittsburger on WG Bun	Pepperoni Pizza
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Tater Tots Green Beans Featured Fruit Choice of Milk	Ranch Bean Dip Mexicali Corn Featured Fruit Choice of Milk	Green Peas Baked Beans Featured Fruit Choice of Milk	French Fries Coleslaw Featured Fruit Choice of Milk	Side Caesar Salad Cheesy Broccoli Featured Fruit Choice of Milk
<b>January-10</b>	<b>January-11</b>	<b>January-12</b>	<b>January-13</b>	<b>January-14</b>

**DELI BAR**

**PIZZA SALAD - OR - PITTSBURGH SALAD**

Entrée	Entrée	Entrée	Entrée	Entrée
General Tso's Rice Bowl	Tortellini w/Breadstick	Boneless Chicken Wings w/Roll	Hot Dog or Chili Dog on WG Bun	Stuffed Crust Pizza
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Fried Rice Oriental Veggies Featured Fruit Choice of Milk	Side Caesar Salad Mashed Potatoes Featured Fruit Choice of Milk	Carrots and Celery Sticks Curly Fries Featured Fruit Choice of Milk	Tater Tots Baked Beans Featured Fruit Choice of Milk	Buttered Corn Celery Sticks Featured Fruit Choice of Milk
<b>January-17</b>	<b>January-18</b>	<b>January-19</b>	<b>January-20</b>	<b>January-21</b>

**ASIAN BAR**

**CHICKEN CAESAR SALAD - OR - CHICKEN CAESAR WRAP ON GARLIC HERB WRAP**

Entrée	Entrée	Entrée	Entrée
Chicken Fajita w/sauteed onions and peppers on Flour Tortilla	Baked Chicken w/WG Roll	Meatball Hoagie on WG Bun	Pizza Burger w/garlic stick
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Spanish Rice Mexicali Corn Featured Fruit Choice of Milk	Green Beans Mashed Potatoes Featured Fruit Choice of Milk	Potato Wedges Green Peas Featured Fruit Choice of Milk	Lemon Parmesan Broccoli Side Caesar Salad Featured Fruit Choice of Milk
<b>January-24</b>	<b>January-25</b>	<b>January-26</b>	<b>January-27</b>

**PATTY-ANN'S FAMOUS WRAPS**

**FRESH FARMHOUSE SALAD - OR - BLT WRAP**

Entrée	Entrée	Entrée	Entrée
Chicken Teriyaki w/rice and egg roll	Chicken Gravy over Biscuits	Philly Cheese Steak on WG Bun	Cheese Pizza
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Mixed Veggies Fried Rice Featured Fruit Choice of Milk	Mashed Potatoes Green Peas Featured Fruit Choice of Milk	Potato Wedges Sauteed Onions and Pepper Featured Fruit Choice of Milk	Cheesy Broccoli Carrots and Celery Sticks Featured Fruit Choice of Milk
<b>January-31</b>	<b>February-1</b>	<b>February-2</b>	<b>February-3</b>

**MACCARONI & CHEESE BAR**

**GRILLED CHICKEN SALAD - OR - TURKEY WRAP**

Entrée	Entrée	Entrée	Entrée	Entrée
Totcho's w/WG Roll	Sweet and Sour Chicken over Rice	Chicken Parmesan Sandwich on WG Bun	Bacon Cheeseburger on WG Bun	Fench Pizza
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Homemade Salsa Mexicali Corn Featured Fruit Choice of Milk	Oriental Veggies Egg Roll Featured Fruit Choice of Milk	Lemon Parm Broccoli Side Caesar Salad Featured Fruit Choice of Milk	Baked Beans Curly Fries Featured Fruit Choice of Milk	Green Peas Side Tossed Salad Featured Fruit Choice of Milk
<b>February-7</b>	<b>February-8</b>	<b>February-9</b>	<b>February-10</b>	<b>February-11</b>

**BURGER BAR**

**POPCORN CHICKEN SALAD - OR - POPCORN CHICKEN RANCH WRAP**

Entrée	Entrée	Entrée	Entrée	Entrée
Popcorn Chicken Bowl w/Roll	Chicken Quesadilla	Buffalo Chicken Dip	Grilled Cheese w/Tomato Soup	Stuffed Mozzarella Sticks
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Mashed Potatoes and Gravy Buttered Corn Featured Fruit Choice of Milk	Ranch Bean Dip Mexican Rice Featured Fruit Choice of Milk	Green Beans Carrots and Celery Sticks Featured Fruit Choice of Milk	Chickpea Salad Tomato Soup Featured Fruit Choice of Milk	Cheesy Broccoli Side Caesar Salad Featured Fruit Choice of Milk

**What is a Meal?**

You must choose at least 3 of the 5 components available for the school lunch price.

- ★ Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.
- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white and chocolate

**Daily Fruit Choices May Include:**

- Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

**WEEKLY ALTERNATIVES**



- ★ BRAVO BAR OF THE WEEK
- Cheffresh Entree of the week
- Fresh Salad of the week!



**DAILY ENTREE OPTIONS MAY INCLUDE:**

- Bravo Bars
- Cheffresh Salad
- Cheffresh Sandwich or Wrap
- Cheeseburger
- Hamburger
- Chicken Patty Sandwich
- Spicy Chicken Patty Sandwich
- Cheese Pizza
- Pepperoni Pizza
- AND MORE!



**Lunch Prices:**

Student: Free  
Reduced: Free  
Adult: \$3.10

**General Manager:**

Alex Spalding  
Phone Number:  
724-752-1591 Ext. 3020  
Email:  
aspalding@elwood.k12.pa.us

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY

