

January-2024



Ellwood City Area School District  
Elementary Lunch Menu



**What is a Meal?**  
You must choose at least 3 of the 5 components available for the school lunch price.

- ★ Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.
  - Meat or meat alternate
  - Choice of Vegetable
  - Choice of Fruit
  - Grain/Bread
  - Choice of Milk - 1% white and chocolate
- Daily Fruit Choices**  
**May Include:**  
Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges


<b>Monday</b> January-8	<b>Tuesday</b> January-9	<b>Wednesday</b> January-10	<b>Thursday</b> January-11	<b>Friday</b> January-12
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**NACHO CRAVEABLE**

<b>Entrée</b> Cheeseburger on a WG Bun	<b>Entrée</b> Chicken Tenders w/WG Roll	<b>Entrée</b> BBQ Ribby Sandwich on a WG Bun	<b>Entrée</b> Chicken Sandwich on a WG Bun	<b>Entrée</b> Cheese Pizza
<b>Featured Veggies</b> Cheesy Broccoli French Fries Featured Fruit Choice of Milk	<b>Featured Veggies</b> Seasoned Rice Green Beans Featured Fruit Choice of Milk	<b>Featured Veggies</b> Parsley Buttered Potatoes Mixed Vegetables Featured Fruit Choice of Milk	<b>Featured Veggies</b> Side Salad Baked Beans Featured Fruit Choice of Milk	<b>Featured Veggies</b> Seasoned Corn Red Pepper Strips Featured Fruit Choice of Milk


<b>January-15</b>	<b>January-16</b>	<b>January-17</b>	<b>January-18</b>	<b>January-19</b>
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**PIZZA CRAVEABLE**

<b>NO SCHOOL</b> 	<b>Entrée</b> Nacho Grande w/ Tortilla Chips	<b>Entrée</b> Popcorn Chicken Mashed Potato Bowl w/ WG Roll	<b>Entrée</b> WG Pasta w/ Meatballs w/Roll	<b>Entrée</b> Potato & Cheese Pierogi w/ Cheese Sauce & Bacon
	<b>Featured Veggies</b> Seasoned Rice Cucumber Slices Featured Fruit Choice of Milk	<b>Featured Veggies</b> Golden Corn Mashed Potatoes & Gravy Featured Fruit Choice of Milk	<b>Featured Veggies</b> Seasoned Broccoli Caesar Side Salad Featured Fruit Choice of Milk	<b>Featured Veggies</b> Steamed Peas Red Pepper Strips Featured Fruit Choice of Milk

<b>January-22</b>	<b>January-23</b>	<b>January-24</b>	<b>January-25</b>	<b>January-26</b>
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**WALKING TACO CRAVEABLE**

<b>Entrée</b> Jazzed Up Fries	<b>Entrée</b> Walking Taco	<b>Entrée</b> Mini Corn Dogs	<b>Entrée</b> Chicken n' Gravy over Rice	<b>NO SCHOOL</b> 
<b>Featured Veggies</b> Cheesy Broccoli Cucumber Slices Featured Fruit Choice of Milk	<b>Featured Veggies</b> Tater Tots Seasoned Corn Featured Fruit Choice of Milk	<b>Featured Veggies</b> Mixed Vegetables Fries Featured Fruit Choice of Milk	<b>Featured Veggies</b> Glazed Carrots Steamed Rice Featured Fruit Choice of Milk	

<b>January-29</b>	<b>January-30</b>	<b>January-31</b>	<b>February-1</b>	<b>February-2</b>
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**PEPPERONI & CHEESE CRAVEABLE**

<b>Entrée</b> Cheeseburger on a WG Bun	<b>Entrée</b> Tot Chos w/Taco Meat & Cheese Sauce over Tots	<b>Entrée</b> Chicken & Gravy over WG Biscuit	<b>Entrée</b> Pasta w/Meatsauce & WG Roll	<b>Entrée</b> Toasted 3 Cheese Sandwich
<b>Featured Veggies</b> Cheesy Broccoli Potato Wedges Featured Fruit Choice of Milk	<b>Featured Veggies</b> Seasoned Corn Tater Tots Featured Fruit Choice of Milk	<b>Featured Veggies</b> Glazed Carrots Red Pepper Strips Featured Fruit Choice of Milk	<b>Featured Veggies</b> Steamed Peas Side Salad Featured Fruit Choice of Milk	<b>Featured Veggies</b> Tomato Soup Mixed Vegetables Featured Fruit Choice of Milk

<b>February-5</b>	<b>February-6</b>	<b>February-7</b>	<b>February-8</b>	<b>February-9</b>
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**YOGURT CRAVEABLE**

<b>Entrée</b> Mini Corn Dogs	<b>Entrée</b> Beef Taco on a WG Tortilla	<b>Entrée</b> Popcorn Chicken Mashed Potato Bowl w/Roll	<b>Entrée</b> Macaroni & Cheese w/ WG Roll	<b>Entrée</b> Homemade Cheese Pizza
<b>Featured Veggies</b> Fries Cheesy Broccoli Featured Fruit Choice of Milk	<b>Featured Veggies</b> Seasoned Rice Mixed Vegetables Featured Fruit Choice of Milk	<b>Featured Veggies</b> Golden Corn Mashed Potatoes & Gravy Featured Fruit Choice of Milk	<b>Featured Veggies</b> Seasoned Green Beans Baby Carrots Featured Fruit Choice of Milk	<b>Featured Veggies</b> Parsley Buttered Noodles Celery Sticks w/ Ranch Featured Fruit Choice of Milk

<b>February-12</b>	<b>February-13</b>	<b>February-14</b>	<b>February-15</b>	<b>February-16</b>
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**BREADSTICK CRAVEABLE**

<b>Entrée</b> BBQ Pork Bowl	<b>Entrée</b> Chicken Patty on a WG Bun	<b>Entrée</b> Chicken Tenders w/WG Roll	<b>Entrée</b> WG Pasta w/ Meatballs & Roll	<b>Entrée</b> Philly Steak Sandwich on WG Hoagie Bun
<b>Featured Veggies</b> Cheesy Broccoli Tater Tots Featured Fruit Choice of Milk	<b>Featured Veggies</b> Seasoned Corn Fries Featured Fruit Choice of Milk	<b>Featured Veggies</b> Steamed Rice Red Pepper Strips Featured Fruit Choice of Milk	<b>Featured Veggies</b> Green Beans Side Salad Featured Fruit Choice of Milk	<b>Featured Veggies</b> Mixed Vegetables Broccoli Salad Featured Fruit Choice of Milk

**WEEKLY ALTERNATIVES**



- ★ **BRAVO BAR OF THE WEEK**
- Cheffresh Entree of the week!
- Fresh Salad of the week!



**DAILY ENTREE OPTIONS MAY INCLUDE:**

- Bravo Bars
- Cheffresh Salad
- Cheffresh Sandwich or Wrap
- Cheeseburger
- Hamburger
- Chicken Patty Sandwich
- Spicy Chicken Patty Sandwich
- Cheese Pizza
- Pepperoni Pizza
- AND MORE!



Student: Free  
Reduced: Free  
Adult: \$4.05

**General Manager:**  
Phone Number:  
724-752-1591 Ext. 3020  
Phone Number:  
metz@ecasck12.org

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY