

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily						
	¹ Pancake Wrap Assorted Cereals or Yogurt Craveable	² Cini Mini's or Fruit Smoothie (High School Only) Assorted Cereals or Yogurt Craveable	³ Sausage Gravy Over Biscuits (Elemen. – Breakfast Pizza) Assorted Cereals or Yogurt Craveable	⁴ Homemade Frosted Donuts Assorted Cereals or Yogurt Craveable	<p>What is a Meal? You must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Whole Grain Cereals (served with toast) Cinnamon Toast Crunch, Cocoa Puffs, Lucky Charms</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free chocolate, vanilla, and strawberry (Elementary – only 1% white or fat-free chocolate)</p> <p>(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan <i>These items do not contain any animal products</i></p>						
⁷ Pancakes & Sausage Assorted Cereals or Yogurt Craveable	⁸ Blueberry or Banana Bread or Overnight Oats (High School Only) Assorted Cereals or Yogurt Craveable	⁹ Funnel Cake or Fruit Smoothie (High School Only) Assorted Cereals or Yogurt Craveable	¹⁰ Bacon Egg Cheese Maple Waffle Flatbread Assorted Cereals or Yogurt Craveable	¹¹ Homemade Frosted Donuts Assorted Cereals or Yogurt Craveable							
¹⁴ Chicken & Waffles (Elemen. – Waffles & Sausage) Assorted Cereals or Yogurt Craveable	¹⁵ Breakfast Burrito (Elemen. – Apple Frudel) Assorted Cereals or Yogurt Craveable	¹⁶ French Toast Sticks or Fruit Smoothie (High School Only) Assorted Cereals or Yogurt Craveable	¹⁷ Scrambled Eggs, Sausage, & Toast Assorted Cereals or Yogurt Craveable	¹⁸ Homemade Frosted Donuts Assorted Cereals or Yogurt Craveable							
²¹ Assorted Muffins Assorted Cereals or Yogurt Craveable	²² Sausage Potato Cheese Bake Assorted Cereals or Yogurt Craveable	²³ Sausage Gravy over Biscuits (Elemen. – Breakfast Pizza) Assorted Cereals or Yogurt Craveable	²⁴ Sausage Egg Cheese Croissant Assorted Cereals or Yogurt Craveable	²⁵ Homemade Frosted Donuts Assorted Cereals or Yogurt Craveable							
²⁸ Bacon Egg Cheese Bagel Assorted Cereals or Yogurt Craveable	²⁹ Soft Bagel w/ Filling (Apple or Cinnamon) Assorted Cereals or Yogurt Craveable	³⁰ Scrambled Eggs, Sausage, & Toast Assorted Cereals or Yogurt Craveable									
<p>Your Team Name Here, General Manager 724.752.1591 ext. 3020 ma1107@metzcorp.com</p>			<p>Meal Prices</p> <table> <tr> <td>Student Breakfast</td> <td>\$0.00</td> </tr> <tr> <td>Reduced Breakfast</td> <td>\$0.00</td> </tr> <tr> <td>Faculty Breakfast</td> <td>\$2.40</td> </tr> </table>			Student Breakfast	\$0.00	Reduced Breakfast	\$0.00	Faculty Breakfast	\$2.40
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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

