

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily						
		1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL	<p>What is a Meal? You must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Whole Grain Cereals (served with toast) Cinnamon Toast Crunch, Cocoa Puffs, Lucky Charms</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry (Elementary – only 1% white or fat-free chocolate)</p> <p>(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan <i>These items do not contain any animal products</i></p>						
6 Pancakes & Sausage Assorted Cereals or Yogurt Craveable	7 Blueberry or Banana Bread Assorted Cereals or Yogurt Craveable	8 French Toast Sticks or Fruit Smoothie (High School Only) Assorted Cereals or Yogurt Craveable	9 Bacon Egg Cheese Bagel Assorted Cereals or Yogurt Craveable	10 Homemade Frosted Donuts Assorted Cereals or Yogurt Craveable							
13 Assorted Muffins Assorted Cereals or Yogurt Craveable	14 Sausage Egg Cheese Maple Waffle Flatbread Sandwich Assorted Cereals or Yogurt Craveable	15 Soft Bagel w/filling or Fruit Smoothie (High School Only) Assorted Cereals or Yogurt Craveable	16 Breakfast Burrito (High School Only) Breakfast Pizza (Elementary) Assorted Cereals or Yogurt Craveable	17 Homemade Frosted Donuts Assorted Cereals or Yogurt Craveable							
20 NO SCHOOL	21 Funnel Cake Assorted Cereals or Yogurt Craveable	22 Scrambled Eggs, Sausage, & Toast or Fruit Smoothie (High School Only) Assorted Cereals or Yogurt Craveable	23 Sausage Egg Cheese Croissant Assorted Cereals or Yogurt Craveable	24 Homemade Frosted Donuts Assorted Cereals or Yogurt Craveable							
27 NO SCHOOL	28 French Toast Sticks w/ Sausage Assorted Cereals or Yogurt Craveable	29 Scrambled Eggs, Bacon, & Toast or Fruit Smoothie (High School Only) Assorted Cereals or Yogurt Craveable	30 Sausage Egg Cheese Bagel (Elementary – Breakfast Pizza) Assorted Cereals or Yogurt Craveable	31 Homemade Frosted Donuts Assorted Cereals or Yogurt Craveable							
<p>Your Team Jennifer Bell, General Manager 724.752.1591 ext. 3020 ma1107@metzcorp.com</p>			<p>Meal Prices</p> <table> <tr> <td>Student Breakfast</td> <td>\$0.00</td> </tr> <tr> <td>Reduced Breakfast</td> <td>\$0.00</td> </tr> <tr> <td>Faculty Breakfast</td> <td>\$2.40</td> </tr> </table>			Student Breakfast	\$0.00	Reduced Breakfast	\$0.00	Faculty Breakfast	\$2.40
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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

