

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily						
<p>3</p> <p>Sausage Egg Cheese Bagel</p> <p>Assorted Cereals or Yogurt Craveable</p>	<p>4</p> <p>Pancake Wrap</p> <p>Assorted Cereals or Yogurt Craveable</p>	<p>5</p> <p>Cini Mini's or Fruit Smoothie (High School Only)</p> <p>Assorted Cereals or Yogurt Craveable</p>	<p>6</p> <p>Sausage Gravy over Biscuits (Elemen. – Breakfast Pizza)</p> <p>Assorted Cereals or Yogurt Craveable</p>	<p>7</p> <p>Homemade Frosted Donuts</p> <p>Assorted Cereals or Yogurt Craveable</p>	<p>What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Whole Grain Cereals (served with toast) Cinnamon Toast Crunch, Cocoa Puffs, Lucky Charms</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free chocolate, vanilla, and strawberry (Elementary – only 1% white or fat-free chocolate)</p> <p>(V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</p> <p>(VG) Vegan These items do not contain any animal products</p>						
<p>10</p> <p>Pancakes & Sausage</p> <p>Assorted Cereals or Yogurt Craveable</p>	<p>11</p> <p>Blueberry or Banana Bread Or Overnight Oats (High School Only)</p> <p>Assorted Cereals or Yogurt Craveable</p>	<p>12</p> <p>Funnel Cake Or Fruit Smoothie (High School Only)</p> <p>Assorted Cereals or Yogurt Craveable</p>	<p>13</p> <p>Bacon Egg Cheese Maple Waffle Flatbread</p> <p>Assorted Cereals or Yogurt Craveable</p>	<p>14</p> <p>Homemade Frosted Donuts</p> <p>Assorted Cereals or Yogurt Craveable</p>							
<p>17</p> <p>Sausage Gravy over Biscuits</p> <p>Assorted Cereals or Yogurt Craveable</p>	<p>18</p> <p>Breakfast Burrito (Elemen. – Breakfast Pizza)</p> <p>Assorted Cereals or Yogurt Craveable</p>	<p>19</p> <p>French Toast Sticks Or Fruit Smoothie (High School Only)</p> <p>Assorted Cereals or Yogurt Craveable</p>	<p>20</p> <p>Scrambled Eggs, Sausage, & Toast</p> <p>Assorted Cereals or Yogurt Craveable</p>	<p>21</p> <p>Homemade Frosted Donuts</p> <p>Assorted Cereals or Yogurt Craveable</p>							
<p>24</p> <p>Assorted Muffins</p> <p>Assorted Cereals or Yogurt Craveable</p>	<p>25</p> <p>Sausage Potato Cheese Bake</p> <p>Assorted Cereals or Yogurt Craveable</p>	<p>26</p> <p>Waffles w/ Sausage Or Fruit Smoothie (High School Only)</p> <p>Assorted Cereals or Yogurt Craveable</p>	<p>27</p> <p>Sausage Egg Cheese Croissant</p> <p>Assorted Cereals or Yogurt Craveable</p>	<p>28</p> <p>Homemade Frosted Donuts</p> <p>Assorted Cereals or Yogurt Craveable</p>							
<p>31</p> <p>Sausage Egg Cheese Bagel</p> <p>Assorted Cereals or Yogurt Craveable</p>											
<p>Your Team Jennifer Bell, General Manager 724.752.1591 ext. 3020 ma1107@metzcorp.com</p>			<p>Meal Prices</p> <table> <tr> <td>Student Breakfast</td> <td>\$0.00</td> </tr> <tr> <td>Reduced Breakfast</td> <td>\$0.00</td> </tr> <tr> <td>Faculty Breakfast</td> <td>\$2.40</td> </tr> </table>			Student Breakfast	\$0.00	Reduced Breakfast	\$0.00	Faculty Breakfast	\$2.40
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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

