


Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily	
2 NO SCHOOL	3 Mini Maple Pancakes w/ Sausage Funnel Cake Cereal or Yogurt Craveable	4 Scrambled Eggs, Bacon, & Toast (Breakfast Pizza- Elem) Cereal or Yogurt Craveable	5 Sausage Egg Cheese Maple Waffle Flatbread Cereal or Yogurt Craveable	6 Homemade Frosted Donut Cereal or Yogurt Craveable	<p>What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Whole Grain Cereals (served with toast) Cinnamon Toast Crunch, Cocoa Puffs,</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free chocolate, vanilla, and strawberry (Elementary only white or chocolate)</p> <p>(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan <i>These items do not contain any animal products</i></p>	
9 Mini Cini Rolls Belgian Waffles w/ Sausage Cereal or Yogurt Craveable	10 Bacon Egg Cheese Croissant Cereal or Yogurt Craveable	11 Apple Pie Smoothie Bowl Mini Cini Rolls (Breakfast Pizza-Elem) Cereal or Yogurt Craveable	12 Sausage Egg Cheese Bagel Cereal or Yogurt Craveable	13 Homemade Frosted Donut Cereal or Yogurt Craveable		
16 Breakfast Banana Split w/ Toast Pancake Wrap (Apple Frudel-Elem) Cereal or Yogurt Craveable	17 Pancakes w/ Sausage Breakfast Burrito Cereal or Yogurt Craveable	18 Funnel Cake Apple Frudel Cereal or Yogurt Craveable	19 Bacon Egg Cheese Maple Waffle Flatbread Cereal or Yogurt Craveable	20 Homemade Frosted Donut Cereal or Yogurt Craveable		
23 Breakfast Burritos Cereal or Yogurt Craveable	24 Pancake Wrap Cereal or Yogurt Craveable	25 Strawberry & Cream Smoothie Bowl (Breakfast Pizza – Elem) Cereal or Yogurt Craveable	26 Sausage Egg Cheese Croissant Cereal or Yogurt Craveable	27 Homemade Frosted Donut Cereal or Yogurt Craveable		
30 Belgian Waffles w/ Sausage Cereal or Yogurt Craveable						
<p>Your Team Jennifer Bell, General Manager 724.752.1591 ext. 3020 ma1107@metzcorp.com</p>			<p>Meal Prices Student Breakfast \$0.00 Reduced Breakfast \$0.00 Faculty Breakfast \$2.40</p>			

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

