

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
BRAVO! WRAP BAR / CRUNCHY SOUTHWEST CHICKEN SALAD / NACHO CRAVEABLE / MEATLOVERS PIZZA / SPECIALTY SANDWICH – CRUNCHY SOUTHWEST CHICKEN WRAP / LENT OPTIONS FRIDAY					What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.
3 BBQ Ribby Sandwich FEATURED VEGGIES Mixed Vegetables Parsley Potatoes	4 Popcorn Chicken Mashed Potato Bowl w/ Roll FEATURED VEGGIES Mashed Potatoes & Gravy Seasoned Corn	5 Toasted 3 Cheese Sandwich or Tuna Croissant FEATURED VEGGIES Broccoli Cheese Soup Fries	6 Pasta w/ Meatsauce & Roll FEATURED VEGGIES Garlic Parmesan Broccoli Caesar Side Salad	7 Corn Dog FEATURED VEGGIES Buttered Peas Cheesy Potato Bake	
BRAVO! DIP N' DUST WING BAR / PITTSBURGH STEAK SALAD / BREADSTICK CRAVEABLE / DILL PICKLE PIZZA / SPECIALTY SANDWICH – BUFFALO CHICKEN CALZONE / STROMBOLI FRIDAY / LENT OPTIONS FRIDAY					Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free chocolate, vanilla, and strawberry Daily Alternates Fresh Entree Salad of the Week Craveables Chef Salad / Grilled Chicken Salad Cold Cut Wraps Variety of Pizzas, Burgers, Chicken Sandwiches, Fries
10 Asian Chicken Noodle Bowl FEATURED VEGGIES Mixed Vegetables LoMein Noodles	11 Buffalo Chicken Dip w/ Tortilla Chips FEATURED VEGGIES Mexican Street Corn BBQ Baked Beans	12 Build Your Own Breakfast Sandwich FEATURED VEGGIES Buttered Parsley Potatoes Honey Glazed Carrots	13 Macaroni & Cheese w/ Dinner Roll FEATURED VEGGIES Seasoned Green Beans Tomato Mozzarella Salad	14 Walking Taco FEATURED VEGGIES Broccoli Salad Seasoned Rice	
BRAVO! DELI BAR / FARMHOUSE CHICKEN SALAD / GRILLED CHICKEN CRAVEABLE / BUFFALO CHICKEN PIZZA / SPECIALTY SANDWICH – TURKEY BACON MELT PANINI / LENT OPTIONS - FRIDAY					
17 Meatball Sub Sandwich FEATURED VEGGIES Parsley Buttered Potatoes Caprese Salad	18 Nacho Grande FEATURED VEGGIES Mexican Rice Buttered Corn	19 Beef or Chicken Taco FEATURED VEGGIES Black Bean & Corn Salad Cheesy Refried Beans	20 Chicken Alfredo w/ Dinner Roll FEATURED VEGGIES Buttered Carrots Italian Side Salad	21 Chicken & Gravy over Biscuit FEATURED VEGGIES Stuffing Mixed Vegetables	
BRAVO! FRY BAR / TACO SALAD / PIZZA CRAVEABLE / PHILLY STEAK PIZZA / SPECIALTY SANDWICH – BACON CHEDDAR BBQ CHICKEN SANDWICH / STROMBOLI FRIDAY / LENT OPTIONS - FRIDAY					
24 General Tso Chicken FEATURED VEGGIES LoMein Noodles Buttered Broccoli	25 Pulled Pork Street Tacos FEATURED VEGGIES Cheesy Mashed Potatoes Coleslaw	26 Buffalo Popcorn Chicken & Fries Basket FEATURED VEGGIES Red Pepper Strips Buttered Peas	27 Pasta w/ Meatballs & Breadstick FEATURED VEGGIES Caesar Side Salad Zesty Green Beans	28 Bacon Cheddar Pierogies FEATURED VEGGIES Garbanzo Bean Salad Honey Glazed Carrots	
BRAVO! ASIAN BAR / CHICKEN CAESAR SALAD / SOFT PRETZEL CRAVEABLE / PEPPERONI & SAUSAGE PIZZA / SPECIALTY SANDWICH – PHILLY CHEESESTEAK W/ PEPPERS & ONIONS SANDWICH					
31 Popcorn Chicken Mashed Potato Bowl w/ Roll FEATURED VEGGIES Mashed Potatoes & Gravy Seasoned Corn					
Your Team Jennifer Bell, General Manager 724.752.1591 ext. 3020 ma1107@metzcorp.com			Meal Prices Student Lunch \$0.00 Reduced Lunch \$0.00 Faculty Lunch \$4.75		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

