


| Monday   | Tuesday   | Wednesday   | Thursday  | Friday   | Offered Daily   |
|--|---|---|---|--|---|
| <b>BRAVO!</b> SMOKEHOUSE BAR / FARMHOUSE SALAD / NACHO CRAVEABLE / BUFFALO CHICKEN PIZZA / SPECIALTY SANDWICH – ITALIAN SAUSAGE SANDWICH W/SAUCE, PEPPERS, ONIONS, & MOZZARELLA                |   |   |   |  | <b>What is a Meal?</b><br>Students must choose at least 3 of the 5 components available for the school lunch price.<br>- Choice of Whole Grain<br>- Choice of Protein<br>- Choice of Vegetable<br>- Choice of Fruit<br>- Choice of Milk<br><br>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.   |
|  |   |   | 1<br>Pasta w/ Meatballs & Roll<br><br><b>FEATURED VEGGIES</b><br>Buttered Peas<br>Italian Side Salad              | 2<br>Walking Taco<br><br><b>FEATURED VEGGIES</b><br>Mexican Rice<br>Mexican Street Corn  |   |
| <b>BRAVO!</b> MAC & CHZ BAR / TACO SALAD / PRETZEL CRAVEABLE / DILL PICKLE PIZZA / SPECIALTY SANDWICH – GRILLED CHICKEN CLUB SANDWICH / STROMBOLI FRIDAY                                       |   |   |   |  | <b>Choice of Vegetable</b><br>Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables<br><br><b>Choice of Fruit</b><br>Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice<br><br><b>Choice of Milk</b><br>1% white, fat-free chocolate, vanilla, and strawberry<br><br><b>Daily Alternates</b><br>Fresh Entree Salad of the Week Craveables<br>Chef Salad / Grilled Chicken Salad<br>Cold Cut Wraps<br>Variety of Pizzas, Burgers, Chicken Sandwiches, & Fries |
| 5<br>BBQ Ribby Sandwich<br><br><b>FEATURED VEGGIES</b><br>French Fries<br>Honey Glazed Carrots   | 6<br>Buffalo Chicken Dip w/ Tortilla Chips<br><br><b>FEATURED VEGGIES</b><br>Cheesy Broccoli<br>Garbanzo Bean Salad         | 7<br>Build Your Own Breakfast Sandwich<br><br><b>FEATURED VEGGIES</b><br>Tater Tots<br>Mixed Vegetables       | 8<br>Pepperoni & Cheese Calzone<br><br><b>FEATURED VEGGIES</b><br>Seasoned Peas<br>Carrot & Raisin Salad          | 9<br>Salisbury Steak<br><br><b>FEATURED VEGGIES</b><br>Buttered Parsley Potatoes<br>Seasoned Green Beans                       |   |
| <b>BRAVO!</b> WRAP BAR / PITTSBURGH STEAK SALAD / PIZZA CRAVEABLE / PEPPERONI & SAUSAGE PIZZA / SPECIALTY SANDWICH – BUFFALO CHICKEN QUESADILLA  |   |   |   |  |   |
| 12<br>Meatball Sub Sandwich<br><br><b>FEATURED VEGGIES</b><br>Pasta Salad<br>BBQ Baked Beans   | 13<br>Sweet N' Sour Chicken<br><br><b>FEATURED VEGGIES</b><br>LoMein Noodles<br>Seasoned Broccoli                           | 14<br>Nacho Grande<br><br><b>FEATURED VEGGIES</b><br>Buttered Corn<br>Seasoned Rice                           | 15<br>Macaroni N' Cheese w/ Roll<br><br><b>FEATURED VEGGIES</b><br>Mixed Vegetables<br>Tomato Mozzarella Salad    | 16<br>Chicken N' Gravy over Honey Wheat Biscuits<br><br><b>FEATURED VEGGIES</b><br>Buttered Green Beans<br>Red Pepper Strips   |   |
| <b>BRAVO!</b> DIP N' DUST WING BAR / SOUTHWEST CRUNCHY CHICKEN SALAD / WALKING TACO CRAVEABLE / BUFFALO CHICKEN PIZZA / SPECIALTY SANDWICH – SOUTHWEST CRUNCHY CHICKEN WRAP / STROMBOLI FRIDAY |   |   |   |  |   |
| 19<br>Bacon Cheeseburger<br><br><b>FEATURED VEGGIES</b><br>French Fries<br>Ranchero Carrots  | 20<br>Popcorn Chicken Mashed Potato Bowl w/ Roll<br><br><b>FEATURED VEGGIES</b><br>Mashed Potatoes & Gravy<br>Seasoned Corn | 21<br>Beef or Chicken Taco<br><br><b>FEATURED VEGGIES</b><br>Mexican Rice<br>Black Bean & Corn Salad          | 22<br>Buffalo Chicken over Mac N' Cheese<br><br><b>FEATURED VEGGIES</b><br>Broccoli Salad<br>Buttered Green Beans | 23<br>Jazzed Up Fries<br><br><b>FEATURED VEGGIES</b><br>Buttered Peas<br>Coleslaw  |   |
| <b>BRAVO!</b> DELI BAR / FARMHOUSE SALAD / BREADSTICK CRAVEABLE / BACON CHICKEN RANCH PIZZA / SPECIALTY SANDWICH – TURKEY BACON MELT PANINI  |   |   |   |  |   |
| 26<br>NO SCHOOL  | 27<br>General Tso Chicken<br><br><b>FEATURED VEGGIES</b><br>Seasoned Broccoli<br>Rice                                       | 28<br>Buffalo Popcorn Chicken N' Fry Basket<br><br><b>FEATURED VEGGIES</b><br>Pasta Salad<br>Sliced Cucumbers | 29<br>Pasta w/ Meatsauce<br><br><b>FEATURED VEGGIES</b><br>Italian Side Salad<br>Mixed Vegetables                 | 30<br>Tot Chos w/ Taco Meat & Cheese Sauce over Tots<br><br><b>FEATURED VEGGIES</b><br>Buttered Noodles<br>Garbanzo Bean Salad |   |
| <b>Your Team</b><br>Jennifer Bell, General Manager<br>724.752.1591 ext. 3020<br><a href="mailto:ma1107@metzcorp.com">ma1107@metzcorp.com</a>   |   |   | <b>Meal Prices</b><br>Student Lunch \$0.00<br>Reduced Lunch \$0.00<br>Faculty Lunch \$4.75                        |  |    |

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

