

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
BRAVO!					What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.
		1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL	
BRAVO! DIP N' DUST CHICKEN WING BAR / CRUNCHY SOUTHWEST CHICKEN SALAD / NACHO CRAVEABLE / MEATLOVERS PIZZA / SPECIALTY SANDWICH – CRUNCHY SOUTHWEST CHICKEN WRAP					
6 BBQ Ribby Sandwich FEATURED VEGGIES Honey Glazed Carrots French Fries	7 Popcorn Chicken Mashed Potato Bowl w/ Roll FEATURED VEGGIES Mashed Potatoes & Gravy Seasoned Corn	8 Salisbury Steak FEATURED VEGGIES Buttered Noodles Green Peas	9 Pasta w/ Meatsauce & Breadstick FEATURED VEGGIES Garlic Parmesan Broccoli Italian Salad	10 Walking Taco FEATURED VEGGIES Tater Tots Black Bean & Corn Salad	Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry
BRAVO! FRY BAR / PITTSBURGH STEAK SALAD / HAM & CHEESE CRAVEABLE / BUFFALO CHICKEN PIZZA / SPECIALTY SANDWICH – TURKEY BACON MELT PANINI / STROMBOLI FRIDAY					
13 Chicken & Gravy over Biscuit FEATURED VEGGIES Mixed Vegetables Seasoned Rice	14 Buffalo Chicken Dip w/ Tortilla Chips FEATURED VEGGIES Broccoli Cheese Latin Inspired Beans w/Cilantro	15 Chicken Parmesan Sandwich FEATURED VEGGIES Seasoned Green Beans French Fries	16 Macaroni & Cheese w/ Dinner Roll FEATURED VEGGIES Honey Glazed Carrots Tomato Mozzarella Salad	17 Philly Cheesesteak Sandwich w/ Peppers & Onions FEATURED VEGGIES BBQ Baked Beans Broccoli Salad	Daily Alternates Fresh Entrée Salad of the Week Craveables Chef Salad / Grilled Chicken Salad Cold Cut Wraps Pizza, Burgers, Chicken Sandwiches, Fries
BRAVO! MAC N' CHEESE BAR / TACO SALAD / BREADSTICK CRAVEABLE / PEPPERONI & SAUSAGE PIZZA / SPECIALTY SANDWICH – ITALIAN SAUSAGE SANDWICH (W/SAUCE, MOZZARELLA CHEESE, PEPPERS & ONIONS)					
20 NO SCHOOL	21 Chicken & Gravy FEATURED VEGGIES Stuffing Golden Corn	22 Sausage Egg & Cheese Maple Waffle Flatbread Sandwich FEATURED VEGGIES Honey Glazed Carrots Cheesy Potato Bake	23 Penne w/ Meatballs & Dinner Rolls FEATURED VEGGIES Broccoli & Cheese Garbanzo Bean Salad	24 Tot Chos w/ Taco Meat & Cheese Sauce over Tots FEATURED VEGGIES Tater Tots Coleslaw	
BRAVO! SMOKEHOUSE BAR / CAESAR CHICKEN SALAD / WALKING TACO CRAVEABLE / BACON CHICKEN RANCH PIZZA / SPECIALTY SANDWICH – MEATBALL CALZONE / STROMBOLI FRIDAY					
27 NO SCHOOL	28 Nacho Grande FEATURED VEGGIES Buttered Corn Seasoned Rice	29 Chicken Pot Pies FEATURED VEGGIES Broccoli Cheese Soup Tater Tots	30 Chicken Alfredo w/ Dinner Roll FEATURED VEGGIES Buttered Carrots Caprese Salad	31 Jazzed Up Fries FEATURED VEGGIES Seasoned Peas Red Pepper Hummus w/Veggies	(V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg (VG) Vegan These items do not contain any animal products
Your Team Jennifer Bell, General Manager 724.752.1591 ext. 3020 ma1107@metzcorp.com			Meal Prices Student Lunch \$0.00 Reduced Lunch \$0.00 Faculty Lunch \$4.75		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

