



Meet Your Nutritious Friend:
Cran "Bogger"

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<p>CRAVEABLES</p> <p>1ST – NACHO</p> <p>4TH-8TH – TURKEY & CHEESE</p> <p>11TH-15TH – NACHO</p> <p>18TH – 22ND – GRILLED CHICKEN</p>	<p>25TH-26TH - BREADSTICK</p>			<p>1</p> <p>Walking Taco</p> <p>FEATURED VEGGIES</p> <p>Tater Tots</p> <p>Black Bean & Corn Salad</p>	<p>What is a Meal?</p> <p>Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Choice of Vegetable</p> <p>Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p>
<p>4</p> <p>Chicken Patty Sandwich</p> <p>FEATURED VEGGIES</p> <p>French Fries</p> <p>Mixed Vegetables</p>	<p>5</p> <p>Popcorn Chicken Mashed Potato Bowl w/ Roll</p> <p>FEATURED VEGGIES</p> <p>Mashed Potatoes & Gravy</p> <p>Buttered Corn</p>	<p>6</p> <p>Sausage Egg Cheese Croissant</p> <p>FEATURED VEGGIES</p> <p>Hashbrown</p> <p>Red Pepper Strips</p>	<p>7</p> <p>Pasta w/ Meat sauce</p> <p>FEATURED VEGGIES</p> <p>Garbanzo Bean Salad</p> <p>Cheesy Broccoli</p>	<p>8</p> <p>Tot Chos w/Taco Meat & Cheese over Tots</p> <p>FEATURED VEGGIES</p> <p>Ranchero Carrots</p> <p>Tater Tots</p>	<p>Choice of Fruit</p> <p>Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk</p> <p>1% white, fat-free chocolate</p>
<p>11</p> <p>NO SCHOOL</p>	<p>12</p> <p>Fish</p> <p>FEATURED VEGGIES</p> <p>Waffle Fries</p> <p>Glazed Carrots</p>	<p>13</p> <p>Philly Cheesesteak</p> <p>FEATURED VEGGIES</p> <p>Latin Beans w/Cilantro & Lime</p> <p>French Fries</p>	<p>14</p> <p>Toasted 3 Cheese Sandwich</p> <p>FEATURED VEGGIES</p> <p>Tomato Soup</p> <p>Seasoned Green Beans</p>	<p>15</p> <p>Cheese Pizza</p> <p>FEATURED VEGGIES</p> <p>Buttered Corn</p> <p>Tater Tots</p>	<p>Choice of Milk</p> <p>1% white, fat-free chocolate</p>
<p>18</p> <p>Cheeseburger</p> <p>FEATURED VEGGIES</p> <p>Seasoned Green Beans</p> <p>Buttered Noodles</p>	<p>19</p> <p>Beef Taco</p> <p>FEATURED VEGGIES</p> <p>Garbanzo Bean Salad</p> <p>Seasoned Rice</p>	<p>20</p> <p>Chicken Parmesan Sandwich</p> <p>FEATURED VEGGIES</p> <p>Broccoli Salad</p> <p>Curly Fries</p>	<p>21</p> <p>Hot Turkey Sandwich w/ Gravy</p> <p>FEATURED VEGGIES</p> <p>Mashed Potatoes & Gravy</p> <p>Buttered Corn</p>	<p>22</p> <p>Jazzed Up Fries</p> <p>FEATURED VEGGIES</p> <p>Mixed Vegetables</p> <p>Side Salad</p>	<p>Daily Alternates</p> <p>Fresh Chef Salad</p> <p>Craveable of the Week</p> <p>Craveable of the Week</p>
<p>25</p> <p>Meatball Sub</p> <p>FEATURED VEGGIES</p> <p>Italian Side Salad</p> <p>Parsley Buttered Potatoes</p>	<p>26</p> <p>Nacho Grande w/Tortilla Chips</p> <p>FEATURED VEGGIES</p> <p>Mexican Street Corn Salad</p> <p>Seasoned Rice</p>	<p>27</p> <p>NO SCHOOL</p>	<p>28</p> <p>NO SCHOOL</p>	<p>29</p> <p>NO SCHOOL</p>	<p>(V) Vegetarian</p> <p>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</p> <p>(VG) Vegan</p> <p>These items do not contain any animal products</p>

Your Team
Jennifer Bell, General Manager
724.752.1591 ext. 3020
ma1107@metzcorp.com

Meal Prices

Student Breakfast	\$0.00
Reduced Breakfast	\$0.00
Faculty Breakfast	\$4.75



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.