

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
				¹ Homemade Frosted Donuts Assorted Cereals or Yogurt Craveable	What is a Meal? You must choose at least 3 of the 4 components available for the school breakfast price. - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast. Whole Grain Cereals (served with toast) Cinnamon Toast Crunch, Cocoa Puffs, Lucky Charms Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free, chocolate, vanilla, and strawberry (Elementary – only white or chocolate) (V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg (VG) Vegan These items do not contain any animal products
⁴ Assorted Muffins Assorted Cereals or Yogurt Craveable	⁵ Sausage Egg Cheese Maple Waffle Flatbread Assorted Cereals or Yogurt Craveable	⁶ Soft Bagel w/filling or Fruit Smoothie (High School only) Assorted Cereals or Yogurt Craveable	⁷ Breakfast Burritos (Elem.-Breakfast Pizza) Assorted Cereals or Yogurt Craveable	⁸ Homemade Frosted Donuts Assorted Cereals or Yogurt Craveable	
¹¹ NO SCHOOL	¹² Funnel Cake Assorted Cereals or Yogurt Craveable	¹³ Scrambled Eggs, Sausage, & Toast or Fruit Smoothie (High School only) Assorted Cereals or Yogurt Craveable	¹⁴ Sausage Egg Cheese Croissant Assorted Cereals or Yogurt Craveable	¹⁵ Homemade Frosted Donuts Assorted Cereals or Yogurt Craveable	
¹⁸ Ham Egg Cheese Breakfast Wedge Assorted Cereals or Yogurt Craveable	¹⁹ Bacon Egg Cheese Croissant Assorted Cereals or Yogurt Craveable	²⁰ Breakfast Pizza or Fruit Smoothie (High School only) Assorted Cereals or Yogurt Craveable	²¹ Sausage Egg Cheese Bagel Assorted Cereals or Yogurt Craveable	²² Homemade Frosted Donuts Assorted Cereals or Yogurt Craveable	
²⁵ Pancake Wrap Assorted Cereals or Yogurt Craveable	²⁶ French Toast Sticks with Sausage Assorted Cereals or Yogurt Craveable	²⁷ NO SCHOOL THANKSGIVING BREAK	²⁸ NO SCHOOL THANKSGIVING BREAK	²⁹ NO SCHOOL THANKSGIVING BREAK	
Your Team Jennifer Bell, General Manager 724.752.1591 ext. 3020 ma1107@metzcorp.com			Meal Prices Student Breakfast \$0.00 Reduced Breakfast \$0.00 Faculty Breakfast \$2.40		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

