

## WELLNESS COMMITTEE AGENDA

- HEALTH & WELLNESS FAIR for students and staff on June 2<sup>nd</sup> 2025 from 9-11 am for students and 12-3 for staff
- List of participants for the fair:

Mystic Angels Reiki	Air Physical Fitness	Noga Ems
Health in Motion	Vogel EMS	Roots Shop
Lawrence County Community Action		Aflac
Nurses Dept. – BP screenings		Guidance Dept.
Security Dept.	Drug & Alcohol of Lawrence County	
Metz Culinary Dietician & Chef (food samples, recipes)		
Barefoot Wellness Community		EC Family Center
Care Solace	Pittsburgh Food Bank	
Apos Health	American Fidelity	Delta Dental
Washington Mutual	EC Community Health	
Suicide Prevention		
- To create awareness of fair we will post flyers around the school, put on the morning announcements, mass email to all staff, and put a post on social media
- Boxed lunches will be donated to all participants provided by Metz Culinary
- Possibly getting the “Pittsburgh Pierogi” to attend the fair to create fun, get your picture taken with him, and tie in a pierogi bar with toppings.
- Next committee meeting will be fall of new school year 2025-2026.

